

Hand Zermatt 2026 (Course Program)

The course will take place in Zermatt from January 26 to January 30, 2026. Sessions will be held in the morning and evening to allow participants time during the day to enjoy the stunning Alpine surroundings.

26 January 2026

Time: 19:00

Topic: Opening Ceremony

27 January 2026

Time: 08:00–10:30

Topic: Alternative treatment of CMC thumb arthritis, salvage procedures and complications after CMC implant

27 January 2026

Time: 17:00–19:30

Topic: Complex wrist dislocations

28 January 2026

Time: 08:00–10:30

Topic: Acute treatment of scaphoid fractures

Time 12.30: lunch on the Snow at Vrony

28 January 2026

Time: 17:00–19:30

Topic: Secondary treatment of scaphoid fractures

29 January 2026

Time: 08:00–10:30

Topic: Nerve pain, nerve compression and nerve reconstruction

29 January 2026

Time: 17:00–19:30

Topic: Complex wrist dislocations

Time 20.00: Gala Dinner

30 January 2026

Time: 08:00–11:30

Topic: Modern treatment of wrist dislocations and new technologies in nerve reconstruction